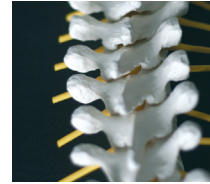
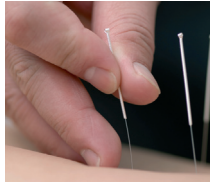


healthmatters is a complementary health centre located within the busy business district of Hanley City Centre

Based in a beautifully restored Victorian building that retains its original features, Health Matters offers six peaceful, spacious rooms, furnished or unfurnished, for rental to qualified and insured professionals in the field of complementary medicine.



we specialise in complementary medicine

homeopathy with Nicola Holdcroft RSHom

Homeopathy is a holistic system of medicine suitable for everyone, young and old. Homeopaths understand that mind and body function together as one interconnected whole, whereas modern western medicine can view the parts of the body as separate entities each with their own diseases.

During a homeopathic consultation full details of your medical history will be taken by the homeopath along with details of any current complaints and how it is for you to experience them.

After carefully analysing your case your homeopath will then give you a homeopathic remedy

to take, this will either be a tablet or liquid drops.

hypnotherapy with Dave Wooley RGN, RMN, D.HYP

Hypnotherapy means the use of hypnosis for the treatment and relief of a variety of somatic and psychological problems.

In particular Hypnosis has been successful in helping many people break unwanted habits such as smoking, drug and alcohol abuse.

Hypnosis has helped individuals free themselves from phobias, compulsions and is an effective tool to aid weight control.

psychotherapy & counselling with Jane Taylor MBACP

If you seek counselling it will be recognised that you have some

sort of difficulty in your life. This could relate to your past, present or future.

Any unhappiness in life can be addressed by a competent qualified counsellor.

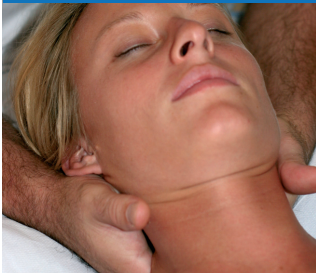
The counselling relationship is based upon mutual trust, confidentiality and respect for each other. The client can feel safe, able to discuss frankly and thoroughly, all personal issues. The objective is for the client to grow away from their distress and change their personal life for the better. The counsellor would hope to work towards a change within 8 sessions.

The client is assured that their difficulties will remain totally confidential.



we are currently looking for experts in the following:

osteopathy



acupuncture



yoga/pilates



baby massage



come and join the team, ring Nicola on 01782 212 422 or enquire online at www.healthmatters.uk.com

